Spectrum of Prevention

Level of Spectrum	Definition
Influencing policy and legislation	Develop strategies to change laws and policies to influence outcomes
Changing organizational practices	Adopt regulations and shape norms to improve health and safety
Fostering coalitions and networks	Bring together groups and individuals for broader goals & greater impact
Educating providers	Inform providers who will transmit skills and knowledge to others
Promoting community education	Reach groups of people with information and resources to promote health & safety
Strengthening individual knowledge and skills	Enhance an individual's capability to prevent injury/illness & promote safety